

MENTAL HEALTH AWARENESS



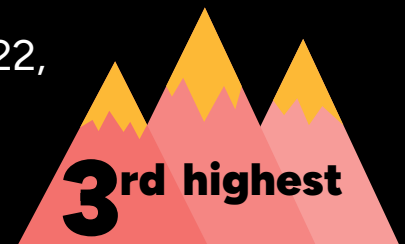
The following data from Ontario's Workplace Safety & Insurance Board (WSIB) shows the significant impact mental stress can have on health-care professionals.

A large, stylized yellow arrow pointing upwards, with the text "176%" in a bold, red, sans-serif font positioned to its left.

176%

The total number of **mental stress claims** in the health care sector has increased 176% from 2017 to 2022.

In the health care sector from 2020 to 2022, **mental disorders or syndromes** are the 3rd leading injury type in terms of average days lost per claim.



Health care is the leading sector in **mental stress claims**, with over twice as many claims as the next leading sector in 2022.

Source: Workplace Safety & Insurance Board of Ontario



Experienced mental stress?

Let us know – we have your back.

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