



Ontario Health atHome Provincial Negotiating Team

Résumé

Full-time Candidate / Part-time Candidate (select one)

Last Name: Farrow First Name: Kelsey

Ontario Health atHome South

Local #: 21 Region #: 5 Bargaining Unit: West

Email: Farrow.kelsey@gmail.com

Nursing/Health-Care Professional Work Experience:

Registered Nurse since 2020, with experience in medicine units, complex continuing care units, and operating room. Three years of experience with Ontario Health at home, working as a Hospital Care Coordinator.

Negotiating Experience (ONA and Other):

No formal negotiating experience. However, my nursing career has required ongoing advocacy, conflict resolution and collaboration with families, physicians, and the multidisciplinary care team in complex and high-pressure situations.

Additional ONA experience at the Bargaining Unit or provincial level:

I have been involved in several ONA meetings, but no formal role yet within the union. I have a strong interest in advocating for mental health support and improved working conditions for healthcare workers.

Participation in ONA education and/or workshops:

No formal ONA education or workshops have been completed by me at this time. However, I am eager to learn and further develop my knowledge surrounding labor relations and collective bargaining. I want to get more involved.

Additional preparation and/or experience in labour relations:

I have no formal experience with labor relations, but I do have experience working collaboratively within hospital interdisciplinary teams, advocating for both patients, families, and staff, navigating difficult conversations, and managing conflict in high pressure environments. I am passionate about advocating for fair compensation, improved benefits and vacation, and stronger mental health support for healthcare workers.