



## Ontario Health atHome Provincial Negotiating Team

### Résumé

Full-time Candidate /  Part-time Candidate (select one)

Last Name: Chamungwana First Name: Nellana

Local #: 42 Region #: 2 Bargaining Unit: Ontario Health atHome

Email: nellanacarballo@gmail.com

#### Nursing/Health-Care Professional Work Experience:

Ontario Health at Home Ottawa,  
ON  
Care Coordinator 2015-  
Present

- Manage a caseload of 50-100 adult community based patients
- Conduct in-person and virtual visits with patients. Utilize validated assessment tools and clinical judgement to assess a patient's physical and psychosocial needs. Partner with the patient, their caregivers and medical team to develop, implement and update an individualized care plan.
- Determine eligibility for OHaH program and services. Coordinate the implementation of the care plan in collaboration with contracted service providers.
- Provide timely and effective system navigation including referrals and applications to various community supports.
- Facilitating communication and cooperation amongst the patient's multidisciplinary health team members in order to achieve optimal patient outcomes.
- Provide mentorship and coaching to new staff during their orientation period.

- Serve as Joint Health and Safety Committee for Bells Corners Office. Conducting routine office inspections, collaborating with management, facilities and occupational health to maintain a safe and accessible workplace.
- Case documentation according to OHaH policies, CNO guidelines and privacy legislation

**Bayshore Home Health**

**Ottawa, ON**

**Registered Nurse, Team Leader Visit Nursing**

**2009-**

**2015**

- Daily management of 12 RNs and RPNs as they provide care to approximately 200 home based patients.
- Assignment of daily nursing visits. Planning and responding to real-time staffing changes and patient situations.
- Collaborate with senior management regarding nursing team workload, clinical issues and logistics.
- Responsible for nursing performance reviews and facilitation of professional development for visit nurses.
- Provide direct nursing care to home based clients with acute and chronic conditions. Implement various nursing interventions including wound care, intravenous therapy, medical device management, in-home chemotherapy and dialysis, and palliative symptom management,
- Responsible for triage of patient calls and attending urgent visits during on-call shifts.
- Acting as advocate for patients with an interprofessional team.

**The Ottawa Hospital**

**Ottawa, ON**

**Registered Nurse/Charge Nurse, Internal Medicine**

**2007-**

**2010**

- Provide nursing care to 4-7 patients in a tertiary care setting.
- Utilizing the nursing process to monitor, anticipate and respond to changes in patient condition.
- Able to lead, prioritize and take action in high-stress situations.
- Provided regular mentoring and support to undergraduate nursing students during their clinical rotation.

### **Negotiating Experience (ONA and Other):**

This is an area that I have limited experience. Much of my role has been supporting members as we go through negotiations as a local. I have helped create demand set surveys and encouraged members to complete them. I participated in mobilizing members for a strike vote. This included a great deal of outreach to membership educating them on the purpose of strike mandates.

I have worked with members organizing demonstrations of solidarity with our bargaining team. Getting more involved in the bargaining side of things was always the plan. The PSLRTA results have altered my strategy but being more involved in bargaining remains the goal.

### **Additional ONA experience at the Bargaining Unit or provincial level:**

I have been a steward under OPSEU for almost 3 years. During that time I have tried to get involved in union activities wherever and whenever I could. I had just been voted in as Membership Representative for the Community Health Professionals Divisional Executive but I had to step down because of the PSLRTA result. I took every available opportunity for education, training, and networking with other union activists all with the goal of learning to serve our members to the best of my abilities.

### **Participation in ONA education and/or workshops:**

I have only recently joined ONA. As such, all of my labour education was facilitated through my previous union.

- Labour Education:
  - **OPSEU:** Steward I, II and III; Understanding Pay Equity; Organizing for Power; Dismantling Anti-Black, Anti-Indigenous and All Forms of Racism; Harassment and Discrimination Prevention Policy Investigator Training
  - **Canadian Labour Congress:** Women in Leadership
  - **Ontario Federation of Labour:** Reclaiming Power Conference workshops: Dismantling Systemic Racism and Collective Bargaining; Environmental Racism
- **Workers Health and Safety Centre-** Stress in the Workplace
- Joint Health and Safety Committee Certification

**Additional preparation and/or experience in labour relations:**

OPSEU PSLRTA campaign mobilizer.

Joint Health and Safety Committee representative.